

Menu of Services

Massage . . . Starting at \$50.00

Hot Stone Therapy . . . \$45.00

Reflexology \$60.00

Lymph Drainage \$75.00

Sports Massage \$100.00

Couples Massage \$150.00

Facials . . . Starting at \$45.00

Pedicures \$50.00

Manicures \$35.00



Renew Day Spa

Hours
of Operation

Monday - Saturday
10:00am-9:00pm

1056 Main
Street
Clarence,
New York
14225

716-685-4589

Call 716-685-4589 for Appointment

Refresh



Renew
Day
Spa



Rejuvenate



Facials

Renew Day Spa offers many affordable spa packages to accommodate a wide variety of budgets. So no more feeling guilty when spending well earned money on yourself. We offer three facial packages to choose from.

When you need to relax, look no further than **Renew Day Spa**. Our spa technicians are waiting to wrap you in luxury, from your head to your toes, with facial, nail, massage and wrap therapies. The spa's calming atmosphere, lavish treatments and full line of take-home products are the ultimate in affordable luxury.

Renew Day Spa is a full service day spa with quality therapist at a great price. We will provide a comforting yet stimulating atmosphere to our customers to ensure that each and every person receive the best care possible to rejuvenate their body, mind and spirit.

At, **Renew Day Spa** we believe in your health. Our office and treatment rooms are extremely hygienic, and our tools and machines are sterilized between each customer.



Massage

Renew Day Spa provides a stress-free environment that has been rejuvenating the Clarence, New York and surrounding areas.

Massage is a gentle and effective therapy that can reduce stress, relieve pain and muscle tension, improve circulation, increase body flexibility and reduce fatigue. It can increase body awareness through the age-old art of healing and relaxation.

A complete body and soul treatment. A deep beat treatment with the use of hot stones combined with massage will warm your body and soul

Relying on the concept that areas of the foot and hands correspond to every organ and body parts, reflexology stimulates these points to enhance their function.

Restore mobility to injured muscle tissue. Warm-up or cool down for pre or post events. Techniques for joints and muscles include: friction, compression, trigger point therapy, cross fiber strokes and stretching.



Pedicures

The nail is made of a hard protein called keratin. A protein is one of the building blocks which make up the organs of the body. The nails help protect the ends of the fingers and toes from trauma.

A pedicure involves cleansing the feet, nail care and a foot massage. A pedicure can be very relaxing and if you have foot problems, it can be therapeutic. Every 4-6 weeks it is a good idea to seek the services of a licensed professional at **Renew Day Spa**.

Our licensed professional's know best how to keep your toenails and feet looking healthy and feeling good.

The feet should be cleaned daily to reduce the development of odor and the risk of disease. The feet are a very important and undervalued part of the body and it is important to keep them healthy.

Call 685-4589 today for an appointment to relax and pamper yourself.

You Deserve it!